



San Diego County  
Air Pollution  
Control District

# 10 Ways to Clear the Air

## What can I do to help fight air pollution?

Here are some simple suggestions on what you can do for cleaner air:

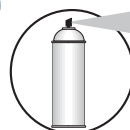
1

Reduce your driving. Combine errands, carpool, use public transportation, ride a bicycle, or walk. Telecommute or work longer hours fewer days a week.



6

Around the home, avoid the use of aerosol spray products. Most aerosol propellants contribute to smog.



2

Keep your car in good running condition and the tires properly inflated. Use less-polluting reformulated gasoline or drive a clean-fuel vehicle.



7

Use water-based paints and solvents. Oil-based paints contain 3 to 5 times more toxic solvents than water-based paints. Keep lids closed and use brushes or rollers rather than sprayers.



3

Don't top off your gas tank. Gasoline spillage evaporates and contributes to smog. It also contains toxic pollutants.



8

When you fire up the barbecue, use an electric probe, a chimney that uses newspapers, or new lighter fluid that produces less emissions than traditional charcoal lighter fluid.



4

Support the smog check program. Removing emission control equipment does not improve engine performance.



9

Use energy-efficient lighting. Raise the temperature level on your air conditioner a few degrees and turn down your heater. Production of electricity contributes to air pollution.



5

Report "smoking" vehicles. Call 1-800-28-SMOKE to report vehicles with excessive tailpipe emissions.



10

Install solar energy. Water and space heating account for more than 50 per cent of household energy use.

